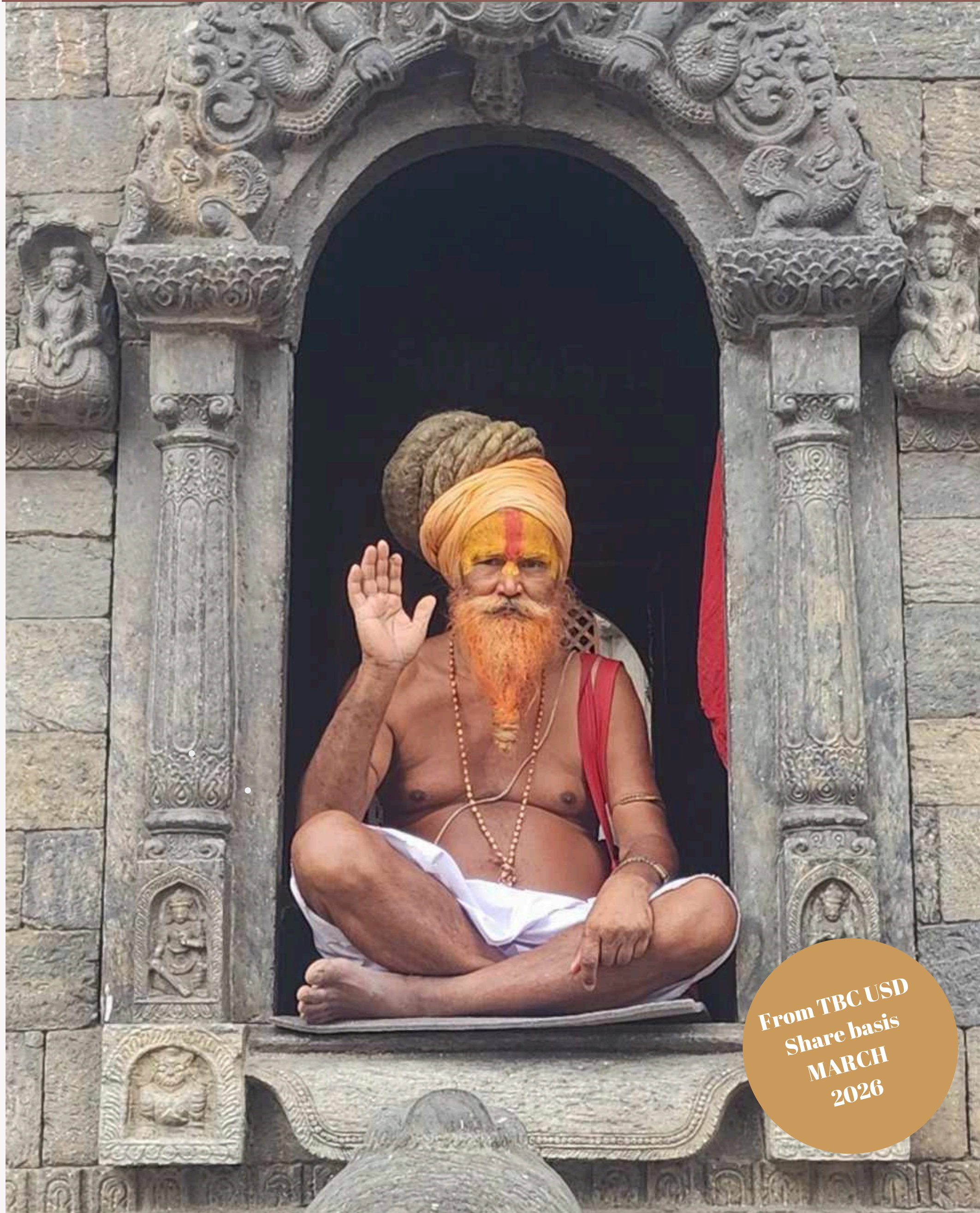




# Nepal

March Date TBC 2026 10 nights



From TBC USD  
Share basis  
MARCH  
2026



You will be blown away by the stunning landscapes in Nepal, the vibrant and colourful culture and some of the friendliest people on earth, topped off with wonderful experienced local guides, this will be a trip to remember. We will ensure you are taken to rarely visited places.



## DAY March 12th : D

### Arrive Kathmandu

Let the adventure begin! Flying into Kathmandu Nepal is a once-in-a-lifetime-experience. If you're lucky and on the correct side of the plane you may even see Mt Everest peaking above the clouds!

As we drive to Bhaktapur, where we will be staying, you will discover Kathmandu, a city filled with prayer flags, temples. Tonight we will enjoy a group dinner and get to know our fellow travel companions.

## DAY 2: March 13th : B

Start the day with a yoga session. For those who don't wish to join in you can relax. We do a walking tour of Bhaktapur and a pottery session. Lunch and Dinner you are free to try some Newari local food.

Be sure to fine tune your camera skills ,Nepal has lots of photo opportunity!!

## DAY 3; March 14th : B D

By now you will be falling in love with Nepal, its culture and friendly people.

We head to Pashuputi, then onto Boudhaneath Stupa, and lastly we visit Kopan Monastery.

Dinner will be at Chhahari Retreat our home for the next 2 nights.



## DAY 4: March 15th : B L D

We begin our hike to Nagi Gombo in the morning with a packed lunch. This evening we have fun at a momo making session. This evening anyone who wishes to join in with the yoga can or feel free to enjoy the nature and views.



### DAY 5: March 16th: B L D

Morning yoga session on the grounds at Chhahari, for those who wish to join in. Spend the day walking around the area and we get to visit a staff members home. This evening we have a singing bowl session at Chhahari.

### DAY 6 : March 17th : B L D

We begin our day with a yoga session for those who wish to join please do. Mid morning we drive to Dhulikhel. Settle in at Vishuddhi Alaya Retreat.

### DAY 7: March 18th : B L D

Today we hike 2.5 hours to Namo Buddha, a very spiritual place. Yoga and then a chill late lunch.

### DAY 8: March 19th : B L D

A day for relaxation at Vishuddhi Alaya Retreat. Located in the neighboring area of the sacred pilgrimage site of Namo Buddha, the place is steeped in spiritual energy, which enhances the feeling of peacefulness and oneness.



### DAY 9: March 20th : B

Back in Kathmandu, we visit Patan and then you are free to explore Thamel in Kathmandu. We will be staying at Kantipur Temple Hotel. Maybe you want to shop or simply try some of the tasty foods in the area.

### DAY 10: March 21st : B

Your last full day in Nepal and you can do as you wish. Whether it be a flight to view Mt Everest or whatever takes your fancy. The flight to view Mt Everest is not included in your package it is an optional extra. We will have a farewell group dinner tonight at Fire & Ice

### DAY 11: March 22nd : B

You will be taken to the airport to fly home.

## Includes:

- \*All airport pickup/drop from airport transfers in Kathmandu by private vehicle
- \*10 Nights accommodation
- \*Daily Breakfast and meals as indicated on itinerary
- \*Local English speaking guides
- \*Kopan Monastery
- \*Boudhanath Stupa
- \*Pashupati Hindu Holy Site
- \*Yoga sessions for those whom wish to join, others can take a nice walk or simply chill for an hour or so.
- \*All entrance fees on guided sightseeing tours
- \*Bhaktapur walking tour
- \*Hike to Dhulikhel from Namobuddha
- \*Momo making
- \*Patan square walking tour
- \*A singing bowl group session
- \*With Dinners that are included a bottle of water and a soft drink or local beer will be included.

## Exclusions:

- \*International airfares & Nepal entry visa fees
- \*Meals not mentioned in Kathmandu
- \*Room single will be extra cost
- \*Any extra drinks during meals in Kathmandu or Dhulikhel other than mentioned on service part
- \*Any personal expenses - laundry, phone, internet, shopping
- \*Tipping to Staffs on the Trek, and the City Tour Guide/Drivers
- \*Travel Insurance & Any expense occurred during rescue or evacuation
- \*Photography or Movie fees on the trek
- \*Any early arrival extra nights before the actual arrival date
- \*Any extra nights after the trip and even late departures extra charges

***Prices are subject to change***



Please note a nonrefundable deposit is to be paid to hold your special spot.  
Email penny\_betts@hotmail.com



“ Im so excited to be sharing with you loads of my favourite spots in Nepal. I’ve been privileged to travel to Nepal for 28 years sourcing and designing beautiful garments for my store in Kaikoura, New Zealand. An important part of my business in Nepal is giving back, and knowing I support local industries whom have good ethics in the workplace”. Penny



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